

## Daring to Demonstrate PRIDE: A Collaborative Social Justice Empowerment PCIT Adaptation Model for Supporting Black Families



### *Instructor Information:*

Dr. Felipa Chavez is an assistant professor of clinical psychology at Florida Institute of Technology. She received her doctorate in Clinical Psychology, with a concentration in working with children and families from the University at Buffalo (UB). She is a former NIAAA post-doctoral fellow at UB's Research Institute on Addictions, where she trained in research examining early child development and parent-child relationships in heavy drinking alcohol families, which resulted in her receiving the 2002 Research Society on Alcoholism (RSA) Junior Investigator's Award.

**Instructor:** Dr. Felipa T. Chavez, Ph.D.

### *Course Description:*

Attendees will be clinicians providing PCIT to youth and families through Riverside University Health System – Behavioral Health as well as PCIT providers throughout California in community-based organizations and in private practice. Clinicians will listen to a lecture related to the topic of cultural considerations for working with Black Families. During the lecture, a few videos will be presented to demonstrate either highlight issues of vicarious discrimination trauma in children, a sampling of the infamous racial socialization rite of passage in “the Talk,” as well as sample demonstration of using Hays ADDRESSING model during a PCIT intake for the purposes of gathering culturally salient information for the implementation of PCIT. There will be opportunities for clinician engagement through a cultural identity self-assessment exercise, discussions, and question-and-answer sessions.

**Date:** Thursday, October 9, 2025

**Time:** 9:00am - 04:00pm (8:30am Registration) Pacific Time, In Person event only

**Location:** Riverside Convention Center

3637 5th St, Riverside Convention Center - **Parking paid for by host**

**Please register for this course via Google Forms Link:**

<https://forms.gle/UuycrbiATZQtYHXC9>

Free to all registered participants

Presented by Riverside University Health System- Behavioral Health Preschool 0-5 Programs

Made possible by funding from First 5 Riverside



**Continuing Education Credits:** This course is approved for 5.5 continuing education credits/hours.

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

# **Daring to Demonstrate PRIDE: A Collaborative Social Justice Empowerment PCIT Adaptation Model for Supporting Black Families**

**October 9, 2025  
9:00 AM - 4:00 PM**

## **Course Description:**

The workshop will take place from 9am until 4pm on Wednesday, October 9, 2025. Attendees will be clinicians providing PCIT to youth and families through Riverside University Health System – Behavioral Health as well as PCIT providers throughout California in community-based organizations and in private practice. Clinicians will listen to a lecture related to the topic of cultural considerations for working with Black Families. During the lecture, a few videos will be presented to demonstrate either highlight issues of vicarious discrimination trauma in children, a sampling of the infamous racial socialization rite of passage in “the Talk,” as well as sample demonstration of using Hays ADDRESSING model during a PCIT intake for the purposes of gathering culturally salient information for the implementation of PCIT. There will be opportunities for clinician engagement through a cultural identity self-assessment exercise, discussions, and question-and-answer sessions.

## **Instructor Information:**

Dr. Felipa Chavez is an assistant professor of clinical psychology at Florida Institute of Technology. She received her doctorate in Clinical Psychology, with a concentration in working with children and families from the University at Buffalo (UB). She is a former NIAAA post-doctoral fellow at UB’s Research Institute on Addictions, where she trained in research examining early child development and parent-child relationships in heavy drinking alcohol families, which resulted in her receiving the 2002 Research Society on Alcoholism (RSA) Junior Investigator’s Award. She has also been a pediatric liaison for the University at Buffalo (UB) Roswell Park Cancer Institute, where she engaged in research on the late effects outcomes of pediatric cancer survivors. Dr. Chavez was the Director of Building Blocks: PCIT at Florida Tech, which disseminated Parent Child Interaction Therapy (PCIT) to local families through the Community Psychological Services (CPS) center, which operates out of Florida Tech’s Scott Center for Autism. Currently, she conducts a program of research providing Teacher Child Interaction Therapy (TCIT) services to at-risk underserved community classrooms (including schools, daycares, and community centers) through her Project Play research program, which has been partially funded by the Fight Against Community Violence Target grant. Through her community-based outreach initiatives research, Dr. Chavez examines how improvements in disruptive classroom behaviors, through the implementation of TCIT, can improve classroom manageability, student academic performance, and teacher stress, with rippling effects for reduced child abuse potential in the home. As a within-agency trainer, Dr. Chavez has trained over 60 clinical psychology graduate students in the dissemination of PCIT treatment services, several of whom have gone on to become certified PCIT therapists themselves, and she is currently working towards becoming a regional-level trainer. Dr. Chavez along with her colleagues at University of Iowa and the University of Arkansas, in tandem with the Philadelphia Department of Behavioral Health an Intellectual disability services (DBHIDS), received a grant from the Philadelphia Eagles Football Team Autism Foundation for the PCIT training of Black and Latine clinicians who work with Black and Latine children on the Autism Spectrum. Dr. Chavez was also the multicultural consultant for PCIT International Association’s (PCIT-IA) Florida Department of Children and Family (DCF) Services contract for the dissemination of subsidized training for mental health professionals to become certified PCIT therapists and Within Agency Trainers (WATER). Additionally, in collaboration with her University of West Virginia colleagues, Dr. Chavez has undertaken some qualitative research that has informed the factor analytic structure of a newly created abridged version of the Eyberg Child Behavior Inventory (ECBI) for Toddlers. Currently, with her Georgetown Colleagues, Dr. Chavez is conducting research examining the experiences of PCIT with Black clinicians and Black clients, to inform a newly adapted version of PCIT for serving Black families. Dr. Chavez has close to 20-years of experience in teaching multicultural graduate course curriculum, and based on her years of experience in the delivery of both PCIT and TCIT services to underserved communities, she

has developed a tips sheet offering clinical/training guidelines for the practical applications of PCIT principles in working with Black families in treatment, in support of the Black Lives Matter social, which has been widely used and referenced in the PCIT International Association Community (PCIT-IA). It is entitled: "We are Light that Overcomes Darkness as we strive to be our Brother's Keeper": PCIT Applications for supporting Black Families in Treatment. Other noteworthy accomplishments include her NPR academic minute on children and anxiety (<https://academicminute.org/2020/05/felipa-chavez-florida-institute-of-technologyanxiety-in-children/>) and a two-part series on how to address issues of the COVID-19 pandemic with children (<https://news.fit.edu/academics-research/how-do-i-explain-this-pandemic-to-my-child-part-one/>; <https://news.fit.edu/academics-research/how-do-i-explain-this-pandemic-to-my-child-part-two/>). All of which have culminated in 45 international and national conference presentations, 9 guest lectures, some of which included Harvard Judge Baker Children's Hospital and Johns Hopkins Kennedy Krieger Medical Center, 4-book chapters, 1-book, 9-articles, 3-grants, and 2-clinical treatment contracts.

**Audience:** Behavior Health Staff trained or being trained in PCIT, and those who support PCIT clinicians.

**Seat #:** 120

**Location:** Riverside Convention Center, 3637 5th St, Riverside, CA 92501  
**Located by the Historical Mission Inn Hotel & Spa, Hyatt Place & Marriott**

**Educational Goals:**

- a. Help build clinician competence in working with Black Families.
- b. Provide a deeper understanding of Hays' ADDRESSING model of diversity and intersectional identities in the application of PCIT with respect to data gathering during the PCIT Intake process.
- c. Provide clinicians with a deeper understanding of the historical underpinnings of discrimination and subsequent discrimination trauma that inform the way Black Families may present in treatment and their use of African American Vernacular English (AAVE).
- d. Provide a template for applying flexibility and culturally tailored approaches to PCIT treatment and DPICS coding that promote allyship and preserve strength-based cultural values among Black Families, while maintaining treatment model integrity.
- e. The PCIT training model does an excellent job of achieving mastery in PCIT, however, the audience will have the opportunity to consider ways of improving training to make it more culturally sensitive. As well as consider places where trainees are requesting a greater sense of competency in applying PCIT to BIPOC populations.

**Learning Objectives:**

Participants will be able to:

- List 3 domains of intersectional identities according to the Hays ADDRESSING model for assessing Intersectional Identities.
- List at least 3 domains of their own intersectional identities according to Hays ADDRESSING model of Intersectional Identities
- Identify any points of privilege in their own intersectional identity
- Identify any points of oppression in their own intersectional identities.
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### Course Outline:

<b><u>Annual Regional PCIT Coaches Workshop</u></b> <b><u>Riverside, California</u></b>				
<b>Time</b>	<b>Overarching Themes</b>	<b>Sub-Themes</b>	<b>Minutes</b>	<b>Hours</b>
9:00am-9:20am	<b>INTRODUCTION</b>	On the Shoulders of Giants: How I Got to this Amazing World of PCIT?	20	<b>2</b>
9:20am-10:20am	<b>ADDRESSING Culture</b>	Self-Assessment: The Journey of Being a Culturally Responsive Therapist	60	
10:20am-10:50 am		ADDRESSING Culture in the PCIT Intake	30	
<b>10:50am-11:00am</b>		<b><u>BREAK</u></b>	<b><u>10</u></b>	
11:00am-12:00pm	<b>BRIDGING THE GAP: Ameliorating disparities in the training of Black and Latine clinicians towards PCIT Sustainability in</b>	Why PCIT for Marginalized Groups: Discussions & Implications for Discrimination Trauma	20	<b>1</b>

	<b>the service of Black and Latine families.</b>			
		Emerging PCIT Clinical Training Themes from Black, White, Asian, & Multi-racial Clinicians	20	
		Creating Community: Lessons from a Culturally Infused PCIT Training of Black & Latinx Clinicians servicing Black & Latinx Families with Autistic Children	20	
<b>12:00pm-1:00pm</b>		<b><u>LUNCH</u></b>		<b>1</b>
1:00pm-2:00pm	<b>Daring to Demonstrate PRIDE to Black Families:</b>	Tailoring CDI to Black families	20	<b>1</b>
		Tailoring PDI to Black Families	20	
		Taking It (PCIT) to the Streets	20	
2:00pm-2:10pm		<b><u>BREAK</u></b>	<u>10</u>	
<b>2:10pm-3:30pm</b>		DPICS in Color: Rethinking the English Language and illuminating the PRIDE in the richness of urban vernacular.	80	<b>1.5</b>
<b>3:30pm-4:00pm</b>	<b>SUMMATION</b>	Function over Form	15	<b>0.5</b>
		Q & A	<b>15</b>	
		<b>TOTAL TIME</b>	<b>360</b>	<b>7</b>

**This course is approved for 5.5 continuing education credits/hours.**

**Continuing Education:** Course meets the qualifications for **(5.5)** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for **(5.5)** Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1225 & 3-22-341-0526 for **(5.5)** CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

**Requesting Continuing Education:** If you haven't received your CE certificate within 10 days after the training, please email Workforce Education and Training at [wettrainings@ruhealth.org](mailto:wettrainings@ruhealth.org) Please include the following information in your email request: full name, title, and date of training, and certification or license number.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks

will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes' total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** Staff should register for this course via the Google link:

<https://forms.gle/UuycrbiATZQtYHXC9>

The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends)

**Cancellation and Refund Policy:** Registration must be canceled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in effect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).