

FAMILY CHILD CARE AT ITS BEST

A Series of Early Care and Education Classes

Funded by the California Department of Education Early Education and Support Division
Administered by the Center for Excellence in Child Development

Please note: *These workshops are intended for licensed family child care providers and assistants, and privately operated child care center staff who work with mixed age children.*

▪ **Loss, Trauma and Young Children**

Saturday, February 2, 2019 8:30 AM – 2:00 PM

“Loss, Trauma and Young Children” addresses the emotional impact of loss and trauma on young children. In addition to conceptual information about trauma and attachment styles, the course explores the provider’s role in helping children cope with stressful events, such as divorce, separation and changing caregivers.

Topics include:

- behavioral indicators of trauma
- the link between attachment and loss
- strategies to help children cope with grief and loss
- language development in the home

▪ **Serving Children with Special Needs and their Families**

Saturday, February 16, 2019 8:30 AM – 2:00 PM

All children deserve the opportunity to participate in family child care. Yet providers are faced with special considerations and challenges, depending upon the needs of each child. This advanced session allows an opportunity to discuss how providers can include children with special needs in their program.

Topics include:

- reasons for concern of developmental risks and delays
- how families deal with grief and loss
- helping families link to appropriate services
- creating an atmosphere of acceptance in your program

As a result of this class, providers will learn the “keys” to giving a child the best start possible, regardless of the child’s abilities.

About the Center for Excellence in Child Development

The Center for Excellence in Child Development engages in learning partnerships to improve the lives of young children. The Center is dedicated to quality care and education, and seeks to translate theory and research into developmentally appropriate practice. For more information, visit our website:

www.humanservices.ucdavis.edu/childdev.



To register for these FREE workshops or for more information: Please contact Jennifer Haessly at (951) 778-5003.

Workshop Location

**College of the Desert
Nursing Building, Rooms 7 & 8
43-500 Monterey Ave
Palm Desert CA 92260**

Please enroll at least 2 weeks before the class. If you need driving directions, please ask when you register.

****Please do not bring children.***

****Doors will be locked after class begins.***

Continuing Education Units (professional growth hours)

Participants will receive 0.5 continuing education unit (CEU) for each 5-hour workshop and 1 CEU for each 10-hour workshop, if they attend the entire class.

These continuing education workshops cannot be used to fulfill pre-licensure requirements and do not provide ECE units.

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Language and Literacy Focus

Supporting Young Bilinguals

- Students will learn about the different ways young children become bilingual, the advantages of being bilingual and the myths and truths related to this topic.

Introducing Language through Play

- Using a child-centered approach, participants will gain increased understanding and competence in methods for supporting emerging language and literacy capabilities, as well as guidelines concerning the creation of a print-rich environment.

Supporting Emergent Readers and Writers

- Participants will gain increased understanding of the components needed for children to learn to read and write. Suggestions concerning the creation of a print-rich environment and appropriate literacy activities will be provided.

Scientific Inquiry for Young Children

- This course encourages participants to examine ways to provide a rich science environment for children. Participants will explore everyday science and practice principles of inquiry and documentation to enhance discovery and scientific learning.

Building Numeracy Skills and Beyond

- This course encourages participants to examine ways to provide a rich math environment for children. Participants will learn strategies and activities that build developmentally appropriate math knowledge and skills in the preschool years.

Learning through Relationships with Infants and Toddlers

- This course addresses the emotional, social, intellectual, and physical development of infants and toddlers and the supportive role of the caregiver. Participants will gain an increased understanding of the role of relationships and emotional development in learning.

Culture and the Care of Young Children

- This course focuses on the impact of culture in the lives of children, families and child care providers, while emphasizing the role of child care providers in establishing daily routines and practices that support healthy development and help each child form a healthy cultural identity.

Guiding Young Children

- This course addresses the social-emotional characteristics, biological traits, and environmental influences on children's behavior. Practical suggestions for helping children manage their behavior while supporting optimal development are offered.

Motor Skills and Movement: Promoting Young Children's Physical Development

- This workshop concentrates on the movement and perceptual-motor skills that young children are motivated to learn and practice. With adult support, these skills set the stage for lifelong health and well-being. Topics drawn from the California Preschool Learning Foundations will be discussed in the context of family child care.

Healthy Habits: Nutrition and Well-Being for Young Children

- Children's health and healthy lifestyle choices can lay the groundwork for their later development. The Healthy Habits workshop focuses on supportive communication and participation in activities to help children develop behaviors that lead to healthy living, including making food choices, maintaining personal safety, and oral health.

Science and Mathematics Focus

Infant-Toddler Focus

Health and Fitness Focus

Child Observation

- Participants will learn to critically analyze assessment tools and explore ways to use their observations to support children, families, and program development.

Social Emotional Development in Group Care

- Participants will explore the origins of children's behavior; including how biological factors, early childhood settings, family dynamics and the greater community influence child development.

Setting the Stage for Social Competence

- Participants will take a preventative approach to challenging behavior and plan activities that promote pro-social skills. Participants will learn specific strategies, using the environment and adult-child interaction, to facilitate friendship and build community.

Loss, Trauma and Young Children

- This workshop addresses the emotional impact of loss and trauma on young children and explores the provider's role in helping children cope with stressful events, such as divorce, separation and changing caregivers.

Caring for Mixed Age Children

- Mixed-age settings provide children with opportunities to observe, emulate and imitate skills and behaviors that can be monitored in a safe and developmentally appropriate manner. Participants will engage in strategies to benefit mixed-age children in a group setting as well as how to create a safe place for all ages to learn and grow.

Young Children Learning Through Positive Risk

- Young Children Learning through Positive Risk addresses the ability to recognize and avoid harmful situations, or risks, is necessary to survival. Risk is perceived differently for a variety of reasons. There are many benefits to be gained from taking appropriate risks during the course of development, in particular, the early years of life.

Serving Children with Special Needs and their Families

- Providers are faced with special considerations and challenges, depending upon the needs of each child. This advanced workshop allows an opportunity to discuss how providers can include children with special needs in their program.

Partnering with Parents

- Working effectively with parents is at the heart of quality child care, yet there are many challenges in developing this relationship. This workshop is an opportunity to learn skills that maximize your ability to establish healthy communication and trust with parents.

CSEFEL Teaching Pyramid, Module 1: Promoting Children's Success: Building Relationships and Creating Supportive Environments

- Understanding the relationship between social emotional development and challenging behavior
- Practical strategies for building positive relationships with children
- Developing schedules and routines that invite cooperation from children
- Giving directions and teaching children about rules
- Positive attention and feedback

CSEFEL Teaching Pyramid, Module 2: Promoting Social Emotional Competence: Social Emotional Teaching Strategies

- Developing friendship skills
- Enhancing children's emotional literacy, including identifying feelings
- Managing anger and disappointment
- Encouraging children's problem solving skills
- Using art, puppets, books, and other materials to promote children's competence

Social Competence Focus

Parent Engagement Focus

Teaching Pyramid Focus